

## Our Vision and Mission:

Unity of Appleton is a welcoming, inclusive, loving spiritual community where we practice and demonstrate a positive metaphysical approach to spirituality through affirmative prayer, healing, inspiration, education, fellowship, and service.



### Happy New Year!

**There is a compelling Unity song that says, “I’m alive, alert, awake, enthusiastic!” I wish you the essence of that song for the year ahead. May you be deeply and passionately *alive!* May you be *alert* for all the inspiring ideas that come to you and through you! May you be *awake* for the “miracles” that occur**

**when you aren’t expecting them. And may you be *enthusiastic* about something every day.**

Get started on Jan. 1 at our 8:30 or 10:00 services. Since it is New Year’s Day, you are invited to come in your sleepwear if you want—or if that seems like too much, at least consider wearing your slippers! Meet and greet between services!

Guest speaker/musician Rich Baumann will be with us for the 10:00 service on Jan. 15.

On Saturday Jan. 21, our Prayer and Care Team will host a free class led by me, “How to Pray the Unity Way.”

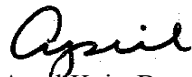
Jan. 28 is our retreat on the shores of Green Lake, “Creating a Community of the Spirit,” where Al Bellg and Jeanne Loehnis will co-present a stimulating program to help us bring our hearts into public life in healing ways. A follow-up class led by Al will run for 5 weeks beginning Feb. 8; it will be based on Parker Palmer’s new book, *Healing the Heart of Democracy*.

If you are a member of our community and are ready to deepen your spiritual life, you will want to consider joining the “Inspirational Leadership Program” (ILP). To give you more time to consider this opportunity, the sign-up date will be extended through Jan. 31.

Finally, check out the “Shop” link on our website for an updated list of books of interest in our Book Store, including titles we’ll be teaching in 2012. Order through our site and support the community; we receive 4% of the purchase price from Amazon.

**Read more about these exciting developments within**, and mark your brand new calendar to participate!

I behold the Christ in you!



April Kain-Breese, L.U.T., Spiritual Leader

### **WE BELIEVE IN THE POWER OF PRAYER**

*Write or call us about any prayer need and we will pray with you. All prayer requests are treated with reverence and confidentiality.*

*Or for prayer 24/7, you may also contact Silent Unity at 1-800-669-7729 or go online at [www.silentunity.org](http://www.silentunity.org)*

### **SERVICES**

**Sunday 8:30 & 10 am**  
**Sunday School 10 am**  
**Youth of Unity 10 am**

### **OFFICE HOURS**

**9am—3 pm**  
**Tue-Wed-Thu**  
**Hours subject to change—**  
**please phone ahead.**  
**920-739-4823**

### **ADDRESS OR EMAIL CHANGE?**

**To continue to receive the news, please email us at:**  
**[unitychurch@](mailto:unitychurch@unityofappleton.org)**  
**[unityofappleton.org](http://unityofappleton.org)**  
**Or call us at (920) 739-4823**

## Birthdays—January

20—Jennifer Zenzick

26—Linda Bjella

30—Violet Mader

**Wish them Happy Birthday!**



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### 9:20 Sunday, January 1st

Between the Services “Meet and Greet” will be held. Join us for food and fellowship!

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## What's Happening?

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**Looking for a Unique Gift? Consider a gift certificate for our Winter Retreat on January 28!** Just \$15 includes lunch. This may be a gift to give or a gift for you to request from someone else! Flyers about the retreat are on the reception table. Gift certificates are available.

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### Men's Mastermind Group

Men, please join the Men's group which meets on the 3rd Saturday morning of the month, 8:30-10:00 AM. Experience food and fun and mastermind! SEE your dreams coming true as you help other men hold their dreams! Next meeting January 21st.

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### Treasurer's Report:

November net income was : \$ 2772

Year to Date net income 2011: \$ 3353

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### New Year's Day Blast

Don't miss our special celebration of the New Year. You are invited to wear your new Christmas P.J.s – it's early in the day, so why not be comfy?

We'll have our annual “burning bowl” ceremony where we release the past by writing items on flash paper and watching them vaporize in fire.

Then we will consider who we are called to be in the year ahead. In Revelation 2:17, it is written, “...and I will give a white stone, and on the white stone is written a new name that no one knows except the one who receives it.” We will choose a “new name” for the year ahead.

And we will have a “meet and greet” between the services. Alive, alert, awake, enthusiastic, yes!!!

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### Guest Speaker Jan. 15

Rich Baumann will present his message, “Unintentional Affirmation,” about the transformational power of our words, at the 10 AM service on Jan. 15. Rich is from Madison and travels to deliver his music in schools, libraries, and nursing homes. He also has been involved in numerous humanitarian efforts, including organizing “The Million Closets Project” to collect used musical instruments for those affected by Hurricane Katrina. Rich has extensive experience as a musician in Unity churches. Be sure to catch Rich's inspiring message on Jan. 15<sup>th</sup>!

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### Our Online Bookstore

Do you use Amazon? Order through [our site](#) and support the community; we receive 4% of the purchase price from Amazon. Go to the “Shop” link on our website. You'll see two links to Amazon. The one on the right is “our” bookstore, where you will find links to the books we will be studying in 2012. It's quick and easy—no searching the database. If you want to order *other* books or merchandise, choose the link on the left; it will also bring us 4% of any sales made through our site.

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“How to Pray the Unity Way” is the title of a free one-hour class to be held on Saturday, Jan. 21, 10:15-11:15 AM, during our Prayer and Care Team meeting. April will teach the class. Everyone is welcome! Men, you might want to come to church at 8:30 for the Men’s Group meeting and then remain for this class. Two more classes will be coming at these meetings in Feb.--“How to Pray with Others” and Mar.—“How to Pray Aloud.”

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**Nominations** are now open for the Board of Trustees. To be nominated, please contact a member of the Nominating Committee: John Polakowski (chair), Rose Ann Goodwin, or April Kain-Breese.

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**Membership Renewal Required.** According to our bylaws, all members except those who joined this year, **are required to renew your membership annually.** In January, you will receive a postcard which you must return before the Annual Meeting on Feb. 12. Please watch for it and return promptly.



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**Upcoming Significant Events:**

**Sun. Jan. 1** Burning Bowl/White Stone Ceremony 8:30 and 10 a.m.

**Sat. Jan. 21** 10:15—11:15 AM How to Pray the Unity Way

**Sat. Jan. 28** Winter Community Retreat at Pilgrim Center on Green Lake 8:30 AM to 3:30 PM

**Sun. Feb. 12** Annual Meeting 11:15 AM

**Inspired Leadership Program Coming Soon!** This reading from *Daily Word*, Nov. 28, 2011 beautifully describes the intention of ILP. [Read more about ILP.](#)

**DEEPENING:** I put spiritual principles to work in my life. My life is enriched through my practice of spiritual principles. As I deepen my understanding of myself, I become increasingly aware of my oneness with God. I commit to daily prayer and meditation. I view challenges as opportunities to practice the principles I know. I contemplate the personal meaning of Scripture and apply timeless truths to everyday situations.

Reading the words of Jesus, I am inspired anew: "If you continue in my word ... you will know the truth, and the truth will make you free." As a student of Truth, I embrace and enhance my study by exploring the meaning of spiritual teachings and apply what I learn. I put principle to work in my life. *"I pray that you may have the power to comprehend ... what is the breadth and length and height and depth."*--Ephesians 3:18

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**New Class Starts Feb. 8: “Our Life Together: Healing the Heart of Democracy.”** Dr. Albert Bellg, PhD will teach this class, which is a follow-up to the content of our Jan. 28 retreat. The class will focus on five basic principles found in the work by Parker Palmer, *Healing the Heart of Democracy*. Five Wednesday nights, 6:30 to 8:00 PM, Feb. 8 through Mar. 7. \$50 payable at the first class; scholarship available. Book can be purchased from our website bookstore <http://www.unityofappleton.org/unitychurch/shop/default.asp>.





Unity of Appleton's 2<sup>nd</sup> Annual Winter Retreat  
*Second Annual Winter Retreat*

# *Creating a Community of the Spirit*

*"There is a community of the spirit.  
Join it, and feel the delight  
of walking in the noisy street,  
and being the noise."*

*- Rumi, "A Community of the Spirit"*

**Saturday, January 28, 2012**

**8:30 a.m. – 3:30 p.m.**

Each of us plays a vital part in the world as leader, follower, co-worker, friend, and family member. Yet this time of passionate political disagreement makes us ask, "Have we forgotten how to create community with one another?"

Parker J. Palmer writes, "For those of us who want to see democracy survive and thrive...the heart is where *everything* begins." At our Winter Retreat, we'll learn "habits of the heart" that help us compassionately understand, respect and communicate with each other as we move toward creating a community of the spirit.



Our facilitators are Albert Bellg, Ph.D., writer and psychologist, and Jeanne Loehnis, Life Coach and Leadership Consultant. The program will include workshop activities, music, meditation, prayer and free time.

The cost is \$15, which covers expenses, including lunch. An additional love offering on the day of the retreat will be gratefully received. Registration and payment are due Sunday, Jan. 15. For more information call the church at 920-739-4823.

A list of those willing to drive and those wishing rides will be available at the church so participants can make carpooling plans.

**Where: Ley Chapel at The Pilgrim Center  
W1010 Spring Grove Road, Ripon, WI 54971-8647**

*Creating a Community of the Spirit*



**Ley Chapel at The Pilgrim Center**  
**W1010 Spring Grove Road, Ripon, WI 54971-8647**  
**Phone: 920-745-4746**

### **Directions to the Retreat:**

**Take Hwy. 41 to Hwy. 26, Exit 113, toward Madison.**

**Follow Hwy. 26 for 11.6 miles to Rosendale.**

**Turn right onto W. Division St./WI-23 in Rosendale.**

**Follow Hwy. 23 for 3.6 miles to CR-KK.**

**Turn left onto CR-KK for 6.9 miles.**

**CR-KK becomes CR-K at County Line Road.**

**Continue following CR-K for 2.0 miles.**

**Turn right onto CR-A and follow it for .3 miles.**

**Take the first left turn onto Spring Green Road and follow it .3 miles to the Ley Chapel which is at W1010 Spring Green Road.**

**The GPS setting is N43 48.983 W88 55.898.**

**Travel time is about one hour.**

### **Adopt-a-Family 2011 – The Generosity of Unity of Appleton**

by Janet Stratton

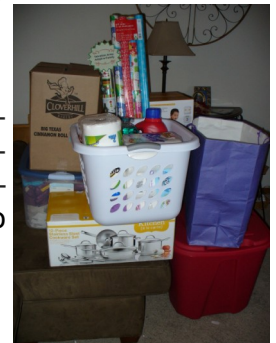
This year's Salvation Army Adopt-a-Family enjoyed an abundant holiday due to the giving spirit of Unity of Appleton. Loads of gifts were dropped off on Saturday December 18<sup>th</sup>, 2011. Warm blankets, shoes, clothing, household items including pots, pans, dishes, towels, and cleaning supplies, numerous toys, gift cards to grocery stores, gas stations, and other retailers, diapers, baby clothes, gift wrap and assorted love offerings made this year's collection one of the biggest in the history of Unity of Appleton.

Upon arriving at the donation drop off center, the items were placed in the designated space for our Adopt-a-family. Our donation was so large that the space was too small to fit everything and the volunteers at the Salvation Army opened an extra space to accommodate our amazing abundance. The volunteers at the Salvation Army were simply awestruck as bin after bin kept filling up the space.

They were truly grateful for your love and expressed it with an enthusiastic "Thank you!" to all of us.

Warm thanks goes to everyone who offered gifts and prayers to Leobardo and Eulalia, along with their 5 children, Jose, Leobardo Jr., Lalis, Nataly and Luis.

Together we made a difference. Together we made a holiday to remember for our Adopt-a-Family. We did this and so much more, together in Unity!



# January 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>1</i> 8:30 & 10AM "Reduce, Reuse, Recycle"	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i>	<i>7</i>
<i>8</i> 8:30 & 10 AM " How to Create Healing Energy"	<i>9</i>	<i>10</i>	<i>11</i>	<i>12</i>	<i>13</i>	<i>14</i>
<i>15</i> 8:30 & 10 AM - "Unintended Affirmation" Rich Bauman Retreat Fee Due	<i>16</i>	<i>17</i>	<i>18</i>	<i>19</i> 6:30 PM Board Meeting	<i>20</i>	<i>21</i> 8:30 AM Men's Group 10:10 AM How to Pray the Unity Way
<i>22</i> 8:30 & 10AM "Moving Along Life's Spirals"	<i>23</i>	<i>24</i>	<i>25</i>	<i>26</i>	<i>27</i>	<i>28 Retreat at</i> <i>The Pilgrim Center in</i> <i>Ripon</i> <i>8:30 AM to 3:30 PM</i>
<i>29</i> 8:30 & 10AM "The Body of Christ"	<i>30</i>	<i>31</i>				

## **JANUARY AFFIRMATIONS:**

**Inner Peace:** My divine connection brings inner peace.

**Guidance:** I am safely guided by the light of God.

**Healing:** The healing presence of Spirit fills every cell of my being.


**Prosperity:** With thanksgiving, I give generously and receive abundantly.

**World Peace:** I contribute to a world of peace through the power of my word.

### **FIVE BASIC PRINCIPLES OF UNITY**

1. God is good and everywhere present.
2. The spirit of God lives within each person; therefore, all people are inherently good.
3. We create our life experience through our way of thinking.
4. There is power in affirmative prayer, which we believe increases our connection to God.
5. Knowledge of these principles is not enough. We must live them.



 <p><b>unity</b> of Appleton</p>	<p><b>A Community for Spiritual Growth</b> 1800 S. Lawe St., Suite 400 Appleton, WI 54915 (920) 739-4823 <a href="http://www.unityofappleton.org">www.unityofappleton.org</a></p>
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Sent with love to:

**A Blessed  
New Year to  
You!**

