



Wings of Truth

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Our Vision and Mission:

Unity Church of Christianity is a welcoming, inclusive, loving spiritual community where we practice and demonstrate a positive metaphysical approach to spirituality through affirmative prayer, healing, inspiration, education, fellowship, and service.

Do You Have a Good Coach?

It's time for spring and summer sports: track and field, baseball, soccer, T-ball, tennis, swimming and more. When families think about signing up for these activities, one of the big questions is, "Do you have a good coach?"

Many of us belong to health clubs, where we may want to arrange for a personal trainer. If we're looking for a trainer, we may ask around, "I'm looking for a personal trainer, do you have a good one?"

You probably know someone who *has* a life coach, or someone who *is* a life coach. "How's the coaching?"

A friend recently shared that she had decided to make Spirit her personal trainer. Doesn't that make sense? Spirit is always present everywhere, offers only encouragement, loves unconditionally, and knows everything. If Spirit is my nutritionist, my food choices are healthy and satisfying. If Spirit is my trainer, I quickly learn how to do new things. **If Spirit is my coach, I am inspired, motivated, and blessed by all of the strength, wisdom, guidance, and love that there is.** I am not limited to my human resources. Nor are you!

So, let me ask you, "Do YOU have a good coach? A GREAT coach?" If you need one, look 'behind' you (actually within). Spirit is always with you, coaching and encouraging. All you have to do is listen!

You can do it! "Coach" believes in you!

Blessings!

April Kain-Breese, Spiritual Leader



WE BELIEVE IN THE POWER OF PRAYER

Write or call us about any prayer need and we will pray with you.

All prayer requests are treated with reverence and confidentiality.

Or for prayer 24/7, you may also contact Silent Unity at 1-800-669-7729 or go online at www.silentyunity.org

SUNDAY SERVICES

8:30 am and 10 am
Sunday School 10 am
Nursery 10 am

OFFICE HOURS

9am—3 pm
Tue-Wed-Thu
Hours subject to change—
please phone ahead.
920-739-4823

ADDRESS OR EMAIL CHANGE?

To continue to receive the news, please email us at: unitychurch@unityofappleton.org
Or call us at (920) 739-4823

May Birthdays

5- 5 Ed Wojciechowski
5- 8 Cindi Cousineau
5-18 Ken Williamson
5-22 Alex Cousineau
5-24 Rick Bjella
5-29 John Beck



Survey Says!

Thanks to all who completed the Unity survey back in March. The results have been tabulated, reviewed by the Board, and shared with the congregation at a recent town meeting. Overall, the 24 respondents (out of 91 surveys sent out) are generally satisfied with the Sunday morning service and the other items on the survey. The possible responses were:

Perfect, couldn't ask for more
Very good
Just about right
Could be better
Definitely need improvement
No opinion

On that scale, the overall result was 2.62, midway between "very good" and "just about right." The written comments showed a healthy diversity of perspectives, with some polarity of views on a few of the questions.

Now what? The survey results revealed no absolute mandates for change, but they did point towards some possible "tweaks" and enhancements, which we may undertake in future months.

You are invited to provide further thoughts about anything in the survey (or anything else!) to me at minister@unityofappleton.org. April

Our own well-being is always the result of good decisions for ourselves coupled with disengagement from the choices of others.

Karen Casey

President's Letter:

Celebrating "55 and Raining"

We've had an interesting and varied Spring, haven't we? A few glorious sunny days in the low 70's, but perhaps more days of the "April showers" sort, 55 degrees and raining.

I was thinking, though, of what it would mean if every day were 72 and sunny. It wouldn't be nearly as good as it sounds. There would be no nurturing rain, no clouds to keep the soil from drying out too fast, nothing that would be green. The plain fact is, unending "72 and sunny" means that everything that grows in the earth would die.

That's the way it is in our lives, too. We relish the days of sun and balmy temperatures, of easy times and comfort. But that isn't where we live. Spirit nurtures us and prepares us to grow on the days we experience as "55 and raining." Those are the anxious, sad, angry, fearful or stressed days when we have the opportunity to change perspective, heal old wounds, and ask Spirit to enter into our lives and guide us forward.

Learning to use our "55 and raining" days is definitely a challenge. But maybe the first part of the challenge is to simply appreciate those days as holding the potential for something positive. Can we get to a place where we celebrate "55 and raining," and have faith that there's a way forward if we look for it and let ourselves grow?



I was writing this before I realized that my choice of "55" as the temperature of a cloudy, rainy day was no accident. I'm 55 years old, and I've had a few rainy days recently. But I'm grateful to be able to say that my life is greener and richer because of them.

And so may all our "55 and raining" days be. Thank you Spirit!

Love and light,
Albert Bellg, President
Unity Board of Trustees

MAY 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 8:30 & 10 AM Services "Affirming the Lord's Prayer"	4	5	6	7	8	9
10 Mother's Day 8:30 & 10 AM Services "Choose What Ideas We Dwell on Carefully" Y.O.U.	11	12	13	14	15 7 PM Women's Gathering	16 8:30 AM Men's Group 10:10 AM Prayer Ministry
17 8:30 & 10 AM Services "Navigating the Rapids of Life"	18	19	20	21 6 PM Board Mtg.	22	23
24 8:30 & 10 AM Services "A Fitting Memorial"	25	26	27	28	29	30
31 8:30 & 10 AM Services "Fierce Commitments"						

Treasurer's Report

For the treasurer's report I have the good news and the less good news. In other words, there's no bad news to share, just a challenge. And challenges can make us stretch and grow toward our highest individual and collective good as the divine beings that we are. As to the news. Our church income is up over last year and projected over the full year would better 2008 by almost \$2000. However, our expenses have also increased so that we are almost \$1400 short for this first quarter, so this will have to be recouped in the remaining three quarters in order to meet our yearly income goal. So we do have a challenge--a really healthy and invigorating challenge. We are expressions of the Divine ever manifesting more and more fully and abundantly.

A final note to share. At last month's Board meeting we voted to share 40% of our 10% tithe with only two organizations for the first six months of this year. These two are the Great Lakes Unity Region and the Association of Unity Churches International. This is a temporary change from the guidelines adopted by congregational vote for dispersing our tithes. The reason for doing this is that these two fine Unity organizations are facing very challenging financial times. To be certain, practically all other worthy causes are as well, but most other organizations have a diverse group of supporters. Not true of these Unity organizations. They rely exclusively on Unity churches for their support. And, in turn, we truly benefit from their work. This decision, however, will be reconsidered for the second six months.

Bedford Hines, Treasurer

Life's gift to us is our unique vantage point, and our gift to life is expressing from it.

-- Alan Cohen

A Call to Prayer

"Limit your exposure!" Limit your exposure to negative thinking, news reports, and water cooler conversation about illness! Say a loud and clear NO to any thoughts of fear.

Instead, increase your "exposure" to Spirit. Pray daily, pray often. Know that you are conceived and sustained in the environment of God's goodness. ANY apparent condition or circumstance can be met and overcome by KNOWING AND BEHOLDING the HEALTH of God.

Use this affirmation, or create your own:

I am created to be healthy and free. I do not allow thoughts of fear, negativity or illness to take up residence in my consciousness. Instead, I know that God is everywhere, all the time, as health, life, love, and comfort. I breathe deeply into the Presence.

Be guided by your innate knowledge of God, and as you practice these truths in your life, hold them for the world, too. You are blessed and a blessing!

If you would like prayer support, it is yours, just contact me or Silent Unity.

April: call 920-213-4223 (cell) or email minister@unityofappleton.org

Silent Unity: call 1-800-NOW-PRAY (1-800-669-7729)

or online at <http://unity.org/prayer/index.html>

Walking in love with you,
April Kain-Breese, Spiritual Leader

P.S. If you haven't received this message via email, then you need to sign up for our message list by emailing us at unitychurch@unityofappleton.org.

Please place "add to notify list" in the subject line.

Vision without action is a daydream;
action without vision is a nightmare.
-- Japanese proverb

Board of Trustees Minutes, April 2009

- Voted to send 40% of Jan. – June tithes to AUC and GLURC, the national and regional Unity organizations that both support and are supported by Unity churches. Giving to these groups has been down dramatically in recent months and they have written to ask for urgent support. This is a temporary deviation from our practice of giving 40% of our monthly tithe to local community groups.
- Reviewed the congregant survey and April shared ideas about how to meet the expressed needs of the congregants. The board agreed to support implementation of some changes, and then to evaluate their effectiveness.
- Set April 26 Town Meeting agenda (sharing results of congregant survey).
- Treasurer's Report from Bedford Hines: the monthly expenses are approximately \$7088 and weekly \$1636. For the first quarter of 2009, expenditures exceeded income by a total of \$1,393, which equates roughly to the cost of sending April to the Field Licensing Program interview week. The board spent time looking at each line item of expenses and asked for clarification on a few items.
- Discussed the practice of borrowing from HOO funds to meet monthly expenses and how we might begin to rebuild that fund. Discussion to be continued.



Celebrate
all
mothers!

FREE Metaphysical Bible Interpretation!



Visit [Unity.org](http://www.unity.org) and TRY IT! You can ask a Unity Bible scholar to provide a metaphysical interpretation of any Bible verse! Take a look! Click on the button at left, or visit <http://www.unity.org>.

Women's Lunch Features Author

Immaculee Ilibagiza, survivor of the Rwanda Genocide. Immaculee is the author of "Left to Tell". Immaculee knows the power of prayer and forgiveness. She and seven other women spent 91 days huddled silently together in a cramped bathroom of a local pastor's house. She emerged months later 50 pounds lighter only to find her family had been brutally murdered and yet she later came face to face with the killer and said "I forgive you." Thursday, May 7th at the KI Convention Center in Green Bay she will present a talk at the Ladies Lunch from 11:30 am to 1 PM. If you are interested in attending, please contact Cindi in the office immediately and she will check on ticket availability and coordinate carpools. Tickets are \$15 per person for the lunch. Deadline for reservations is May 1.



Sunday Morning Services

On Sunday April 26, at the 8:30 service, and at the town meeting, we discussed the possibility of going to one service at 9:30 AM, with a Unity class at 11:00. Some felt strongly that we should continue as we are, and few seemed enthusiastic about a 9:30 service or an 11:00 AM class. Therefore, Sunday services will continue as they have been, and a class will not be taught. Thanks to all for participating in these discussions!

April

*JOIN US FOR A
YOUTH OF UNITY
MOTHER'S DAY SERVICE*



MAY AFFIRMATIONS:

- Inner Peace:** With unwavering faith, I release all to God. Peace fills my soul.
- Guidance:** I act with divine wisdom and rise to new heights of understanding..
- Healing:** As a child of God, I am healthy and whole. I live a complete and balanced life.
- Prosperity:** Divine love is my source of abundance. My life overflows with good.
- World Peace:** With loving thoughts and actions, we open new avenues of peace.