



Wings of Truth

Volume 18 Number 11 November 2009

April Kain-Breese, Editor
Cindi Cousineau, Editor

Our Vision and Mission:

Unity Church of Christianity is a welcoming, inclusive, loving spiritual community where we practice and demonstrate a positive metaphysical approach to spirituality through affirmative prayer, healing, inspiration, education, fellowship, and service.

Dear Friends,

Renewing, challenging, joyful, rewarding! I'm so glad that I could attend the Great Lakes Unity Regional Conference (GLURC) in northeast Indiana. GLURC does a lot of good work, including the inspirational programming we experienced at the conference. The theme was **Standing Firm with Truth: Dynamic Ministries**. There were about 90 ministers, spiritual leaders, licensed teachers, board members, and congregants in attendance.



Keynote speaker and workshop leader was Rev. Martha Creek, who is a specialist in creating healthy congregations through understanding church family systems. She is employed part time by GLURC as a consultant. What an amazing presence she is! If she does any regional workshops in the northern Midwest, we should really send a delegation. She is trained in Byron Katie's The Work, Lombard Mennonite Peace Studies, the Association of Unity Churches peacemaking training, and more.

WE BELIEVE IN THE POWER OF PRAYER

Write or call us about any prayer need and we will pray with you. All prayer requests are treated with reverence and confidentiality. Or for prayer 24/7, you may also contact Silent Unity at 1-800-669-7729 or go online at www.silentunity.org

I was co-presenter of a program about Spiritual Leadership along with Spiritual Leaders and friends Sue Peter (Clinton, IA) and Robin Voelker (Delaware, OH). Our presentation was very well-received. The basic idea is that GLURC and the Association of Unity Churches need to acknowledge the contributions and needs of spiritual leaders in the Unity movement. Of 120 congregations in the region, 25 are headed by spiritual leaders like me! Yet most programs and services are for ordained ministers or licensed teachers. I think some changes will occur as a result of our program.

We also heard reports from James Trapp, President and CEO of the Association of Unity Churches International and Lynn Browne, VP at Unity in charge of Silent Unity. You might be interested to know the AUC's vision: *"Centered in God, we co-create a world that works for all."* And the AUC mission: *"We create and support vibrant, diverse, spiritual leaders and communities that foster transformation and inspire people to make a positive difference in our world."* That's good stuff!

In this season of Thanksgiving, I am grateful for you, for Unity, and for the opportunity to attend this conference. Thanks for your support, which made it possible.

In Gratitude,

April Kain-Breese, Spiritual Leader

SUNDAY SERVICES

8:30 am and 10 am
Sunday School 10 am
Youth of Unity 10 am

OFFICE HOURS

9am—3 pm
Tue-Wed-Thu
Hours subject to change—
please phone ahead.
920-739-4823

ADDRESS OR EMAIL CHANGE?

To continue to receive the news, please email us at: unitychurch@unityofappleton.org
Or call us at (920) 739-4823

Birthdays—November

6— RoseAnne Goodwin

9— Hugh Holly

13—Sara Duesterhoeft

22—Pete Beyer



Happy Birthday!

Y.O.U. News

Three girls and Linda Nett-Dueterhoeft, our sponsor, attended the 3 day Fall Rally at Camp Duncan in Ingleside, Illinois, in October. There were about 17 family groups formed and each one of us was placed with different families so that we could get to know other people. We loved seeing all our old friends and making new ones in our “family” groups. At bedtime, we would re-join our Unity home church group. We shared our cabin with 3 other groups. There were Unity Y.O.U. groups from Wisconsin, Illinois, Indiana, Ohio, Kentucky, Minnesota, Michigan, and Canada. The theme was “Come Out and Play” and was meant to encourage us to balance work and play. We learned to take some time for ourselves and to find our hobbies and put them into action. On Saturday night, the Halloween dance provided a fun time to practice our ‘come out and play’ theme.

One Y.O.U.er says, “I feel the time I spent at the Y.O.U. retreat, was really amazing! My favorite part of the retreat was probably the families. I loved that I was able to meet and get to know more people. I loved the fact that I was able to know people that I would never have met or have talked to if it weren't for the families. I think the idea of having a family is a good one because honestly I doubt a lot of us would have gone that extra mile to talk to people we have never met or spoke to or even seen.”

We are all excited to see each other again at the June 2010 rally. In the meantime we will keep in contact with our new friends from other Unity churches. We will be holding more fund-raisers as the year goes on continuing with making more wool mittens for your winter gift giving.

Women of Unity Weekend

Women of Unity, save the dates of Nov 14-15 for a Women’s weekend at the Holly lake home on Long Lake, Saxeville WI. A weekend of fun by enjoying nature, board games, movies, and each other’s company. Anyone who is interested please contact Celeste at 920-738-7879.

We will caravan/carpool from the church parking lot at 9:00 am on Saturday morning and return on Sunday morning at 11:00. For those that only wish to spend the day on Saturday you are more than welcome to do so. We will eat a pot-luck mid-afternoon meal around 4 pm on Saturday. So also, bring a dish to pass! Sunday breakfast is bring your own. Coffee and juice will be provided.

What's Happening?

Upcoming Meetings for Women and Men

- Fri. 11-20 7 PM Women’s Gathering reading “Women’s Lives, Women’s Legacies”. Call 268-3331 for more information.
- Sat. 11-21 8:30 AM Men’s Group meets at the church.

Slow down and everything you are chasing
will come around and catch you.

- John de Paolo

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Notes from the Board of Trustees

The September tithes were sent to the Association of Unity Churches and took advantage of a "matching fund" offer from an anonymous donor. So we "doubled" our contribution in that manner.

April is planning for a series of health-care programs during January to April 2010. Look for that.

In November, the Board will evaluate April's performance as Spiritual Leader and also look at our proposed budget for 2010.

Blessings and Thriving to All,

The Board of Trustees

FINANCIAL REPORT

September: \$ - 383.26

Year to Date: \$ - 2226.38

Mitten Making



Join our Y.O.U. group on Sunday, November 8th, at noon, as we cut and sew and decorate more felted wool mittens. We will have fun working with the creative teens!

What Do You Think?

Are you enjoying this electronic newsletter? I'd like to know that

- you've read this far, and
- hear from you about how you like this format.

Please email me with a quick note at Spiritual-Leader@unityofappleton.org. I'll use all the responses I receive as a little "test" of how well this is working for everyone, so please do reply! Thanks much! April

What's Happening in November?

We're going to have some very special, engaging Sunday mornings!



Nov. 1 Thriving in Unity: Now

What? We'll be concluding our "Practice of Thriving" series with a congregant's Unity story (Celeste Holly), and then a question: "Now what?" What do YOU think happens next?



Nov. 8 Men of Unity: Getting High on Mastermind

Yes, our Saturday morning men's group will present this service. What's all this about "getting high"? Hmm...



Nov. 15 Beads on One

String will be an intergenerational service, with the children invited to join us for a part of the hour to hear a special story and learn a special song—and adults will love it!



Nov. 22 Wake Up and Smell the Coffee!

Be here at **9:30** for coffee and coffee cake. This is a chance for 8:30 and 10:00 folks to spend some quality time together.



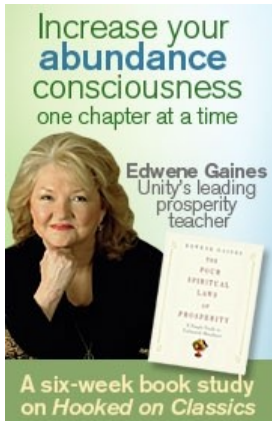
Nov. 29 The Best Thanksgiving Ever!

A message of gratitude with time for congregational Thanksgiving—bring the story of *your* best Thanksgiving ever.

HAPPY THANKSGIVING!

**Thank You, God,
for everything!**

News from Unity.org



Edwene Gaines will offer a free six-week book study on the www.unity.fm program "Hooked on Classics" beginning **Nov. 5**. It is based on the book we just finished, **The Four Spiritual Laws of Prosperity**. This is a great chance to hear Edwene "on air" and follow along for the six week series.

Christmas is Coming! is a free download from www.unity.org. It's an Advent activity book for kids. If you have children, nieces or nephews, grandchildren, or kids in the neighborhood who might enjoy this, just click on the link and print out the .pdf file. If you have a color printer, that will produce a more enjoyable booklet.

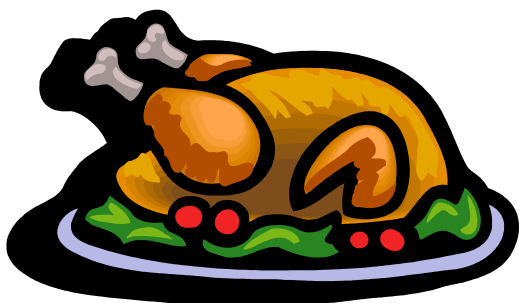


Free Advent Booklet



Get your free Advent booklet at church! Available now. Advent begins Nov. 29, 2009.

You can also [Log onto www.unityonline.org](http://www.unityonline.org) for a copy you can print.



AMAZON DONATES TO OUR CHURCH THROUGH YOU!

Every time you make an Amazon.com purchase, a portion of the sale can be donated to our church by using the link to Amazon from our website at www.unityofappleton.org!

Just use this link:

<http://www.unityofappleton.org/unitychurch/shop/default.asp>

Thank you!



Gratitude

With Thanksgiving fast approaching, make a point to express gratitude daily, to God, and to others (don't forget yourself!). You may want to check out books and CD's on gratitude (there is even one for kids) on Amazon:

A Journal: [Simple Abundance Journal of Gratitude](#) by Sarah Ban Breathnach (Our library has her title, "Simple Abundance, a Daybook")

[Gratitude: A Way of Life](#) by Lousie L. Hay

[Gratitude: Inspirations by Melody Beattie, Author of The Language of Letting Go](#) by Melody Beattie

For Kids: [Henry's Life As A Tulip Bulb or Developing an Attitude of Gratitude](#) by Linda M. Brandt

[Thanks!: How Practicing Gratitude Can Make You Happier](#) by Robert Emmons

[The Power of Infinite Love & Gratitude: An Evolutionary Journey to Awakening Your Spirit](#) by Dr. Darren R. Weissman


A CD: [Gratitude: The Essential Practice For Happiness & Fulfillment](#) by Angeles Arrien

[Attitudes of Gratitude: How to Give and Receive Joy Everyday of Your Life](#) by M J Ryan

[I Am Grateful: Recipes and Lifestyle of Cafe Gratitude](#) by Terces Engelhart and Orchid

(Recommended by Cindi C.) [Gratitude: Affirming the Good Things in Life](#) by Melody Beattie

NOVEMBER 2009

Sun.	Mon.	Tues	Wed.	Thu.	Fri.	Sat.
1 8:30 & 10 AM "Thriving in Unity: Now What?" 11:30 Mastermind	2	3	4 6:30-9:30 PM Private Mtg. Mankind Project	5	6	7
8 8:30 & 10 AM "Men of Unity: Getting High on Mastermind" 11:30 Mastermind Noon—Mitten Making	9	10	11 6:30-9:30PM Private Mtg. Mankind Project	12	13	14 Women of Unity Overnight at Holly's
15 8:30 & 10 AM "Beads on one String" Y.O.U. Meets 11:30 Mastermind	16	17	18 6:30-9:30PM Private Mtg. Mankind Project	19 6 PM Board Meeting	20 7 PM Women's Gathering.	21 8:30 AM Men's Group 10:10 AM Prayer Ministry
22 8:30 & 10 AM "Wake Up and Smell the Coffee"  9:30 Fellowship	23	24	25 6:30-9:30 PM Private Mtg. Mankind Project	26 Thanksgiving	27	28
29 8:30 & 10 AM "The Best Thanks- giving Ever!"	30					

**Say it everyday:
"Thank You, God!"**

Sent with love to:



Unity Church of Christianity
1800 S. Lawe St., Suite 400
Appleton, WI 54915

NOVEMBER AFFIRMATIONS:

Inner Peace: I am grateful for life. I am at peace.
Guidance: Spirit guides and directs me in all my choices.
Healing: I am open and receptive to the divine healing power within me.
Prosperity: I am blessed by the goodness of God.
World Peace: I see God in every face.

FIVE BASIC PRINCIPLES OF UNITY

1. God is good and everywhere present.
2. The spirit of God lives within each person; therefore, all people are inherently good.
3. We create our life experience through our way of thinking.
4. There is power in affirmative prayer, which we believe increases our connection to God.
5. Knowledge of these principles is not enough. We must live them.