

## Our Vision and Mission:

Unity of Appleton is a welcoming, inclusive, loving spiritual community where we practice and demonstrate a positive metaphysical approach to spirituality through affirmative prayer, healing, inspiration, education, fellowship, and service.



## Merry December!

As you experience the month of Advent and the special events of December, I hope that every day will be one of hope, peace, love, and joy.

At Christmas time, we may be enthralled by the majesty and the mystery of the Christmas story. We may experience it as a very special time of spiritual renewal, warm feelings, gift giving, and reconnection with distant friends and family—a unique time in a year of ordinary times. But, really, every day can be just as special because we are always in the flow of Spirit.

In Unity, we not only commemorate the events of the Christmas story; we also celebrate the “rebirth” of the Christ consciousness within us. Does the Christ consciousness *require* annual rebirth? Of course not! Christmas is simply a special time of remembrance. The Christ consciousness is everlasting and ever-renewing. The promise of Jesus’ birth, life, and ministry is that Spirit is *always* with us. So, as you join us in the celebration of the season, I invite you to an even greater celebration—a celebration of your Christ self.

I behold the Christ in you every day!

*April*

April Kain-Breese, L.U.T.  
Spiritual Leader



## **WE BELIEVE IN THE POWER OF PRAYER**

*Write or call us about any prayer need and we will pray with you. All prayer requests are treated with reverence and confidentiality.*

*Or for prayer 24/7, you may also contact Silent Unity at 1-800-669-7729 or go online at [www.silentunity.org](http://www.silentunity.org)*

## **SERVICES**

*Sunday 8:30 & 10 am  
Sunday School 10 am  
Youth of Unity 10 am*

## **OFFICE HOURS**

*9am—3 pm  
Tue-Wed-Thu  
Hours subject to change—  
please phone ahead.  
920-739-4823*

## **ADDRESS OR EMAIL CHANGE?**

*To continue to receive the news, please email us at:  
[unitychurch@  
unityofappleton.org](mailto:unitychurch@unityofappleton.org)  
Or call us at (920) 739-4823*

## Birthdays—December

12-13 Luanne Nelson

12-29 Laurin Bellg

12-30 Dawn Spangenberg

**Wish them Happy Birthday!**



### 9:20 Sunday, December 4th

Between the Services "Meet and Greet" will be held. Join us for food and fellowship!

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### Treasurer's Report:

October net income was : \$ 1709

Year to Date net income: \$ 581

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### Salvation Army Adopt-a-Family

**Help a Local Family in Need  
This Holiday Season**

Unity of Appleton is again participating in the Adopt-a-Family program sponsored by the Salvation Army of the Fox Cities. This 2011 holiday season we are helping a local family of seven. Leobardo and Eulalia, along with their 5 children: Jose, Leobardo Jr., Lalis, Nataly and Luis, have given us a list of gifts they would be grateful for.

This is where you can embrace an opportunity to help. Check out the "Tree of Opportunity" located in the church foyer. There you will find colorful stockings labeled with specific items family members have requested.

If you find an item you would like to donate, simply take the handy reminder card out of the stocking and keep it for reference when you are shopping.

Please drop off your **unwrapped** gifts under the tree before Wednesday, December 14<sup>th</sup>. On Saturday, December 17<sup>th</sup>, all the donated items will be delivered to the Salvation Army, where they will be gift-wrapped and given to our sponsored family in time for the holidays.

(Continued in next column)

In past years, your generosity has helped many local families and this year will be no different.

The Salvation Army requests no food or cash donations be given directly to the family. Gift cards for food, gas, and local businesses are welcome and suggested donation amounts can be found on the Adopt-a-Family tree. There are other suggested gifts with details such as size for clothing and household items requested by our adopted family.

If you have any questions please feel free to contact Janet Stratton at 920-427-5966 or [fountainofunity@gmail.com](mailto:fountainofunity@gmail.com), and she will be happy to assist you.

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## What's Happening?

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**Looking for a Unique Gift? Consider a gift certificate for our Winter Retreat on January 28!**

Just \$15 includes lunch. This may be a gift to give or a gift for you to request from someone else!

Flyers about the retreat are on the reception table. Gift certificates will be available for purchase starting Sunday, December 11th.

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### Christmas Shopping

If you are doing any Christmas shopping on the internet please stop by [www.unityofappleton.org](http://www.unityofappleton.org) and look for the link to Amazon under the 'Shop' tab. A portion of your purchases will then be donated to our church.

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### Men's Mastermind Group

Men, please join the Men's group which meets on the 3rd Saturday morning of the month, 8:30-10:00AM. Experience food and fun and mastermind! SEE your dreams coming true as you help other men hold their dreams! Next meeting Dec. 17th.

## Earth Care

Here is an inspiring true story about how one 16 year old young woman made a significant difference in helping the earth. This is a story about Daisy Lopez, who as a junior at Appleton North High School in 2010, brought her concern about the use of disposable Styrofoam lunch trays to school officials. Appleton North has over 1700 students. You can imagine the mountain of Styrofoam this created. She and her fellow students, including our own Sara Duesterhoeft, collected and counted the Styrofoam from trash bins and stacked the trays to help officials visualize the effect. We are happy to report that Appleton North High School has made the switch to re-usable lunch trays.

Did you know:

The production of one ton of styrofoam requires 685 gallons of oil, and emits millions of tons of CO<sub>2</sub> and 2,055.8 tons of greenhouse gases, according to Wikipedia.

Starbucks will discount 10 cents on any beverage when you bring in your own re-usable travel mug.

We haven't checked this out with other coffee shops, but it wouldn't hurt to try bringing in a re-usable mug and see what they can do.

Respectfully Submitted,

Linda Nett-Duesterhoeft

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## Hello Facebookers!

If you use Facebook, please go to Unity of Appleton and "like" our page. Also, please visit us at Meetup.com and "join" us there. Help us spread the word about the "best kept secret in the Valley!"

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## Unikids Team Meeting

Tuesday, December 13th from 6:30 PM to 8 PM.

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## Membership Directory

If you are listed in the new membership directory and haven't picked up your copy yet, they are available in the office. Just ask Cindi for your copy.

**Nominations** are now open for the Board of Trustees. To be nominated, please contact a member of the Nominating Committee: John Polakowski (chair), Rose Ann Goodwin, or April Kain-Breese.

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**Membership Renewal Required.** According to our bylaws, all members except those who joined this year, **are required to renew your membership annually.** In January, you will receive a post-card which you must return before the Annual Meeting on Feb. 12. Please watch for it and return promptly.

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**New Lease.** The Board will soon be signing a 2 yr. lease on our current facility; rent is approx. \$990/mo. During this time, we will continue to discern our next steps toward a home of our own. If you have any questions, please contact April or any Board member.

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**Prayer and Care Team** meets on Saturday morning, Dec. 19 at 10:10 AM here. If you are a member of our church and would like to join this team, you are welcome to join us; please talk to April.

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## Upcoming Significant Events:

**Sunday, Dec. 18<sup>th</sup> 10 AM Service: "A Family Christmas,"** an intimate gathering for all ages. Please bring a family story to tell, and if you would like to bring some favorite Christmas treats for after the service, please do! (The 8:30 service will be a meditation service as usual.)

**Saturday, Dec. 24:** Christmas Eve Candle-Lighting Service at 7:00 PM. Everyone is invited! It's a magical evening.

**NO SERVICES on Sunday, Christmas Day.**

**Sun. Jan. 1** Burning Bowl/White Stone Ceremony 8:30 and 10 a.m.

**Sat. Jan. 28** Winter Community Retreat at Pilgrim Center on Green Lake 9 a.m. to 3 p.m.

**Sun. Feb. 12** Annual Meeting 11:15 a.m.

# December 2011

**Sun**      **Mon**      **Tue**      **Wed**      **Thu**      **Fri**      **Sat**

1      2      3

4      5      6      7      8      9      10

8:30 & 10 AM Falling Up  
Laughing” Bedford Hines

4

11      12      13      14      15      16      17

8:30 & 10 AM -  
“Luminous Love”

6:30—8PM  
Unikids Team  
Mtg.

Last Day for  
Adopt a Family  
Gifts to be  
returned

6:30 PM Board  
Meeting

8:30 AM Men’s Group  
10:10 AM Prayer Ministry

Salv. Army Gifts DUE

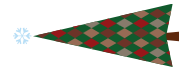
18      19      20      21      22      23      24

8:30 & 10AM  
”A Family Christmas”

7PM Christmas Eve  
Candle-Lighting Service

25      26      27      28      29      30      31

No Services  
MERRY  
CHRISTMAS!



1

Burning Bowl and White  
Stone Ceremony

## **DECEMBER AFFIRMATIONS:**

**Inner Peace:** I abide in deep peace, and Christ is born in me.

**Guidance:** As I quiet my mind, I access inner wisdom.

**Healing:** I radiate health in mind, body and spirit.

**Prosperity:** I live in an abundant universe, and I am prosperous.

**World Peace:** I embrace all people in my prayers for peace.

### **FIVE BASIC PRINCIPLES OF UNITY**

1. God is good and everywhere present.
2. The spirit of God lives within each person; therefore, all people are inherently good.
3. We create our life experience through our way of thinking.
4. There is power in affirmative prayer, which we believe increases our connection to God.
5. Knowledge of these principles is not enough. We must live them.

 <p><b>unity</b> of Appleton</p>	<p><b>A Community for Spiritual Growth</b> 1800 S. Lawe St., Suite 400 Appleton, WI 54915 (920) 739-4823 <a href="http://www.unityofappleton.org">www.unityofappleton.org</a></p>
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Sent with love to:

*Merry Christmas!*

